

The Sabbath Blessing

INTRODUCTION

- The Sabbath is a blessing of r_____
- What are detrimental effects of constant work? _____

THE BLESSING OF THE SABBATH

- Rem_____ : To remember the Sabbath is to bring it into the pr_____
- Sab_____ : Stopping or complete cessa_____
- The blessing of the Sabbath goes all the way back to crea_____
- To bless means to that goodness or fa_____ is bestowed by another.
- How is the Sabbath rest also tied to redemption? (Exodus 10:1-2, Deuteronomy 5:15)
- Out of God's redemption for us in C____ J_____, the promise of rest is made full and co_____
- H_____ means to be set apart

HOW THE BLESSING GETS TWISTED

- The Pharisees and Scribes took the Sabbath blessing and made it into a bur_____
- The Sabbath laws did not free the people, rather they bou_____ the people. They end up making m____ for the Sabbath
- Why do we worship on Sunday rather than Saturday? _____
- Growing up, was going to church the Law or a blessing? _____

RECEIVING THE SABBATH BLESSING

- Renew your b_____. Take a break for all reg_____ and unnecessary w_____
- Can you do any work on Sunday? _____
- Renew your m____ and s_____ in your relationship with God.
- God's W_____, spoken or preached sanctifies us. It refills our fai____, the strengthens our spirit and has us look heavenward. His word cleanses us and gives us l_____.

HEAR & APPLY THE WORD

Receive the Sabbath blessing:

- Renew your body
 - What do will refresh your body on the Sabbath rest?
- Renew your mind and soul in your relationship with God
 - Make the day holy by gathering with other believers to Hear His Word, cleansed by His mercy and forgiveness, renewed by His sacraement, uplifted in songs of praise.

